

Reference 4.3 Adverbs of Frequency

Adverbs: Adverbs are words that describe a verb or emphasize an adjective or another adverb.

Adverbs of Frequency: Adverbs of frequency tell us how often someone does a particular verb or action.

Adverbs of Frequency

1. siempre	1. always
2. demasiado	2. too much
3. bastante, mucho	3. a lot
4. por lo general	4. in general
5. cada	5. each, every
6. a veces	6. sometimes
7. de vez en cuando	7. from time to time
8. un poco	8. a little
9. una vez	9. one time
10. raramente	10. rarely
11. nunca	11. never
12. sí	12. yes
13. no	13. no

Rules for Adverbs: The nice thing for English speakers is that adverbs translate directly from English to Spanish. As long as you know how to say the word in Spanish, you will be fine. There are no conjugations or agreements necessary.

- Most adverbs can move around the sentence.
 - **Example:**
 - Siempre hablo en el español. (I always speak in Spanish.)
 - Hablo siempre en el español. (I always speak in Spanish.)
 - Hablo en el español siempre. (I always speak Spanish.)
 - **Note:** The word “siempre” moved around, but all of these sentences have the same meaning.
- Some adverbs of frequency cannot move.
 - **Example:** The word “cada”, which means “each, every” must go in front of the **noun**.
 - Ella desayuna cada **mañana**. (She has breakfast every morning.)
 - Yo practico el vocabulario cada **lunes**. (I practice the vocabulary every Monday.)

How often: The following question asks someone how often they do something.

- ¿Con qué frecuencia? (**Literally:** “With what frequency?”)
 - **Examples:**
 - ¿Con qué frecuencia olvidas la tarea? (How often do you forget the homework?)
 - Yo olvido la tarea raramente. (I forget the homework rarely.)
 - ¿Con qué frecuencia masticas el chicle? (How often do you chew gum?)
 - Yo mastico el chicle de vez en cuando. (I chew gum from time to time.)