

Wellness Policy Goals 2022-2023

Topic	Responsible Department	Completed	Date
-------	------------------------	-----------	------

Nutrition Promotion:

Nutrition Ed on Campus	Child Nutrition/Committee		
Nutrition Ed on the website	Child Nutrition/ Committee		
Recess before lunch	School Principals		
Engage with parents at open houses/meet the teachers regarding nutrition ed	Child Nutrition/School Principals		
Increase nutritional information in classroom subjects (math, science, etc)	School Principals/Wellness Committee		

Physical Education

Partner with school PTO to purchase extra equipment for PE classes	PE teachers/School Principals/PTO		
Increase physical activity fundraisers on school campuses	School Principals/PE teachers		

Mental Health

Poster/Handouts regarding mental health	Counselors		
---	------------	--	--

School Lunch

Offer more salads	Child Nutrition		
Increase smarter lunchroom techniques	Child Nutrition		
Increase fresh fruit/vegetables	Child Nutrition		

Snack Program

Continue participation in snack pack program	Child Nutrition/Food Bank		
--	---------------------------	--	--

Student safety

Increase bike safety awareness	Wellness Committee		
--------------------------------	--------------------	--	--

Food and beverage marketing

Include new language in Board Policy	Governing Board		
All marketing on campus smart snack standards	PTO/Principals/Child Nutrition		