





Monday	Tuesday	Wednesday	Thursday	Friday
	1 Get the new app  for school lunch on google or App store or go to https://family.titank12.com/	2	3 If you need to apply for Free and reduced priced meals, your front office has paper applications or you can go on-line at www.ccsd93.org Under Child Nutrition	4
7 	8 Chicken Nuggets w/ Roll Protein Pack Snack Pack Cucumber Slices Assorted Fruits	9 Cheese Pizza Chicken Nuggets w/ Roll Protein Pack Snack Pack Chicken & Romaine Salad Assorted Sandwiches Carrots Assorted Fruits	10 Breakfast for Lunch Chicken Nuggets w/ Roll Protein Pack Snack Pack Chicken & Romaine Salad Assorted Sandwiches Hash Browns Assorted Fruits	11 Cheeseburger Chicken Nuggets w/ Roll Protein Pack Snack Pack Chicken & Romaine Salad Assorted Sandwiches French Fries Assorted Fruits
14 Corn Dogs Chicken Nuggets w/ Roll Protein Pack Snack Pack Chicken & Romaine Salad Assorted Sandwiches Cucumber Slices Assorted Fruits	15 Chicken & Waffles Chicken Nuggets w/ Roll Protein Pack Snack Pack Chicken & Romaine Salad Assorted Sandwiches Corn Assorted Fruits	16 Cheese Pizza Chicken Nuggets w/ Roll Protein Pack Snack Pack Chicken & Romaine Salad Assorted Sandwiches Carrots Assorted Fruits	17 Mac N Cheese Chicken Nuggets w/ Roll Protein Pack Snack Pack Chicken & Romaine Salad Assorted Sandwiches Green Beans Assorted Fruits	18 Cheesy Breadsticks w/ Sauce Chicken Nuggets w/ Roll Protein Pack Snack Pack Chicken & Romaine Salad Assorted Sandwiches Side Salad Assorted Fruits
21 Cheeseburger Chicken Nuggets w/ Roll Protein Pack Snack Pack Chicken & Romaine Salad Assorted Sandwiches Potato Wedges Assorted Fruits	22 Free Treat Day! Beef Nachos Chicken Nuggets w/ Roll Protein Pack Snack Pack Chicken & Romaine Salad Assorted Sandwiches Lettuce/ Diced Tomato Assorted Fruits	23 Cheese Pizza Chicken Nuggets w/ Roll Protein Pack Snack Pack Chicken & Romaine Salad Assorted Sandwiches Carrots Assorted Fruits	24 Orange Chicken w/ Rice Chicken Nuggets w/ Roll Protein Pack Snack Pack Chicken & Romaine Salad Assorted Sandwiches Edamame Assorted Fruits	25 Soft Pretzel w/ Cheese Chicken Nuggets w/ Roll Protein Pack Snack Pack Chicken & Romaine Salad Assorted Sandwiches Cucumber Slices Assorted Fruits
28 No School Fall Recess 	29 Frito Pie Chicken Nuggets w/ Roll Protein Pack Snack Pack Chicken & Romaine Salad Assorted Sandwiches Lettuce/ Diced Tomato Assorted Fruits	30 Vendor Pizza Chicken Nuggets w/ Roll Protein Pack Snack Pack Chicken & Romaine Salad Assorted Sandwiches Carrots Assorted Fruits	Vendor pizza will be: Sardella's at DSA, HTES, & LMES Dominos at BMES and DWES	



September

2020

<u>Student Breakfast</u> Assorted whole grain cereals, oatmeal, whole grain waffle, yogurt parfaits, whole grain donuts, 100% fruit Juice, fruit, carrots &/or milk Breakfast is \$1.00 Reduced: \$.30	<u>Student Lunch</u> Lunch includes an entrée, daily fruit, daily vegetable, fat free , milk (white/ chocolate) &/or 100% fruit Juice. Student Lunch: \$2.50 Reduced \$.40
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Cold Entrees comes w/ daily fruit & or vegetable

Snack Pack: Turkey, cheese, fruit, and a grain

Pizza Pack: pita bread, sauce, cheese & pepperoni

Protein Bag: String cheese, yogurt, and muffin

Assorted Sandwich: Turkey & cheese on a Hawaiian roll or Sun butter and jelly sandwich

Chicken & Romaine Salad: Romaine lettuce, shredded cheese, chicken, and banana or pumpkin bread

Assorted fruits can include but not limited to the following: Orange slices, apple slices, strawberries, pears, mixed fruit, peaches, mandarin oranges, grapes, and applesauce.

Adult Breakfast: \$2.00 Adult Lunch: \$3.65

This institution is an equal opportunity provider

