

# Inside Cafeteria

## Hot Entrée items

\$3.00 per meal

Spicy Breaded Chicken Sandwich  
Chicken (Breaded) Sandwich  
Soft Pretzel w/ cheese  
Chicken Tenders (regular and spicy)  
Breaded Mozzarella Cheese Sticks w/ marinara  
Corndog  
Round Pizza (Wednesday)  
Sardella's (M,T) and  
Dominos Pizza (TH, F)  
(Cheese & Pepperoni)

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## Make it your way sandwich station

\$3.00 per meal

Choice of different sandwich meats, breads and  
toppings

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All entrée meals come with  
the following sides:

Side Salad, Fruit Cup  
Veggie Cup,  
100% Fruit Juice, Apple Slices,  
&/or Whole Fruit  
Milk (FF white and FF choc)

## Daily Hot Specials \$3.00

Monday: Check menu board for selection

Tostada (Beef &/or bean)

Tuesday: Taco Tuesday

Beef tacos

Chicken Tacos

Wednesday:

Orange Chicken /Rice

Thursday:

Make it your way Burrito Bowl

Friday: Hamburger Day

Bacon Cheeseburger

Hamburger

Cheeseburger

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Menu subject to change

### Vending machine

There are two vending machines on campus where students can use their lunch account to purchase food. One is by the front office and the other is in the cafeteria. Choices include salads, sandwiches, yogurt parfaits, drinks, and chips. Items available are subject to change.

Cold Entrée items \$3.00  
(inside cafeteria and the outside hut)

### Everyday

Yogurt Parfait (yogurt, granola, fruit)  
Falcon Fruit Pack  
Hummus and veggie pack

### Salads with Bread

Grilled Chicken Caesar  
Chef  
Greek  
Buffalo Chicken  
Chicken/Fruit

### Sandwiches:

Turkey  
Ham  
Italian Deli  
PB & J Uncrustables

### Wraps:

Buffalo Spicy Chicken  
Chicken Caesar



Please call the cafeteria if you have any questions or ideas at 480-575-2428.

Snack Bar \$3.00  
(outside)

Everyday

- Breaded Chicken Sandwich
- Spicy Chicken Sandwich
- Chicken Wings w/ a roll
- Corndog
- Chicken Tenders
- Pretzel w/ cheese
- Breaded Mozzarella Cheese Sticks
- Pizza (cheese or pepperoni)
- Hotdogs (M, W, TH, F)
- Cheeseburgers (Tuesday only)

All entrees come with one or more of the following sides:

- Side Salad
- Assorted Fruit
- Assorted Veggies
- 100% Fruit Juice
- Whole Fruit
- Milk (FF white and FF Choc)

Chick Fil A available every Monday and Wednesday at outside snack bar.

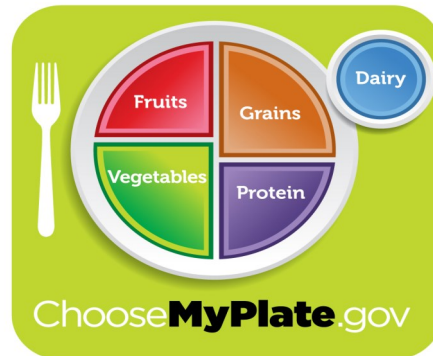
The federal guidelines for free and reduced price meals allow for:  
1 breakfast and 1 lunch for each approved student per day.

All extras (2nd milk, 2nd juice, a la carte items) need to be paid for separate, with cash or with money on your child's lunch account.

Please remember that you need to reapply for free and reduced each year. Visit the Child Nutrition Department webpage on [www.ccusd93.org](http://www.ccusd93.org) for this years free and reduced application.

All snacks provided meet Smart Snack regulation

\*\*\*This institution is an equal opportunity provider\*\*



# Cactus Shadows High School

## 2020-2021 Lunch Menu

